



BOUCHER INSTITUTE
of Naturopathic Medicine

You. A Doctor. Naturally.

First-Class Naturopathic Medical Distinction

Personalized Education

Transformative Experience

binm.org

You. A Doctor. Naturally.

Welcome to the Boucher Institute of Naturopathic Medicine, where students can pursue their passion for medicine and become a licensed ND. At Boucher, you will learn all the therapeutic naturopathic modalities and be fully equipped to treat a diverse range of conditions and people. Being able to provide hope and potential solutions to patients who feel they have exhausted all other options is one of the things that makes being a naturopathic physician a rewarding career. Since 2005, Boucher is proud to have paved the way for over 500 graduates into the field of naturopathic medicine.

Prerequisites

Boucher is a post-baccalaureate naturopathic medical college. A degree and no less than 90 credits overall from a recognized or authorized Canadian or a regionally accredited American post-secondary institution is required for entry into the program.

For credentials earned outside of Canada and the United States, a "comprehensive evaluation" must be completed from either the International Credential Evaluation Service or World Education Services that must demonstrate equivalency to a North American degree.

The following are required prerequisite courses:

- Biology – 6 credit hours
- Biochemistry – 3 credit hours
- General Chemistry – 3 credit hours
- Psychology – 3 credit hours
- Organic Chemistry – 3 credit hours
- English/Humanities – 3 credit hours

Reaching every student, every day

Our collaborative learning model and integrated curriculum strengthens your knowledge.

Our faculty deliver curriculum and instruction in a connected, cohesive way. Opportunities abound to deepen your learning, pursue areas of interest, and communicate your individual knowledge every day.



British Columbia

No better place to become a naturopathic doctor

Located in Vancouver, B.C, this area is acclaimed for its nature and boasts year-round activity including combing beautiful beaches in the summer and skiing in the winter. A diverse society and amicable people from different cultures round out this exciting place to live.

At Boucher, medical education supports individual learning and maximizes interaction with professors, peers and supervisors. Our student experience fosters life-changing peer relationships and a tight-knit community of like minded individuals.

Program Overview

Year 1	Year 2	Year 3	Year 4
Naturopathic Counselling			
Research			Master Class*
Traditional Asian Medicine			Naturopathic Manipulation
Botanical Medicine			Obstetrics
Homeopathy			Geriatrics
Nutrition			Jurisprudence
Biomedical Sciences		Emergency Medicine	Medical Procedures
Microbiology		Gynecology	
Anatomy	Physical Medicine	Pediatrics	
History & Philosophy	Diagnostic Imaging & Lab	Oncology	
Public Health	Dermatology	Naturopathic Clinical Arts & Sciences	
Soft Tissue Mobilization	Manual Therapies		
Naturopathic Ethics	Intro to Clinical Education		
	Gross Anatomy Lab		
	Clinical Diagnosis		
	Professional Development		

*Subject to final approval



My first impression was that Boucher was smaller than I expected and that everyone seemed to know everyone else. Right away I felt a sense of community that I wasn't used to at large universities.

1st year Boucher student, Student for a Day participant



A Transformative Experience

The academic philosophy incorporates elements of conventional academic wisdom, new research on learning and education, and the tenor of a mentorship program. Of the total 4,700 hours in the program, 3,500 hours of instruction are divided among the biomedical sciences, professional development, the naturopathic modalities, clinical sciences and clinical practice and integration.

CLINICAL DIAGNOSIS

Clinical diagnosis prepares student doctors in the clinical aspect of medicine, teaching them how to take a comprehensive history, perform thorough and clinically relevant physical exams, interpret results, and analyze information gathered in order to effectively diagnose conditions. Students will also learn how to triage patients by identifying important signs and symptoms of common and life-threatening health conditions and apply their clinical reasoning skills to identify next steps of treatment.

BIOMEDICAL SCIENCES

The courses within the biomedical sciences program incorporate content from the disciplines of physiology (including histology and embryology), biochemistry, pathology, pharmacology and laboratory diagnosis. As a synthesis of several fields of study, the biomedicine courses set out to promote an integrative holistic view of the core medical sciences.

Biomedicine provides a common framework for describing the physical and biochemical structure and functioning of the human body in both normal healthy and pathological states. The rigor of science has, through inquiry based on the scientific method, produced a valuable representation of occurrences in the body.

ANATOMY & LAB

Anatomy provides a detailed study of the anatomical structures and systems of the human body, with special attention to clinically relevant surface and palpative anatomy. The musculoskeletal, vascular, lymphatic, and nervous systems are studied in depth in order to appreciate the relevance of landmarks and how physical relationships affect function. The Anatomy program is supported by a gross anatomy lab.



PROFESSIONAL DEVELOPMENT

The Professional Development curriculum is designed as an interactive and participatory experience, with skills and expertise honed through in class workshops, written assignments and discussion. The course design provides significant opportunities for individual students to create a plan specific to their individual career aspirations, and to fulfil their vision for their professional future.

Therapeutic Naturopathic Modalities

Boucher embeds the philosophy of naturopathic medicine throughout our educational experience while reinforcing the application of basic sciences into clinical realities. We teach all of the current naturopathic modalities to ensure that our students have a well-rounded education. When Boucher students finish their education, they are able to pursue a wide range of career options.

Physical Medicine

Physical Medicine provides lecture-style and hands-on training in physical assessment and pathology recognition. Included is the evaluation of common myofascial, articular, osseous, neurologic and vascular pathologies. A variety of core patient assessment methods are identified, including patient history, postural assessment, detailed palpation, range of motion assessment, orthopaedic testing, diagnostic imaging and basic patient management. The principles and practice are also applied with patient simulation exercises and practical clinical examinations.

Counselling

Naturopathic counselling prepares students to work with patients, peers and supervisors. The courses have a workplace focus that includes team building and relationship building. This series of courses supports and complements the integration of personal and professional identity and focuses on how to develop essential clinical rapport with patients, which is the foundation of the doctor- patient relationship.

Nutrition

The Nutrition series examines the physiological functions, metabolism, and requirements for all macro- and micro-nutrients, as well as the pharmacological effects of individual nutrients. Instruction is provided for assessing diet quality and nutritional status. Diet planning, sports nutrition, and special nutritional needs are addressed. The clinical use of dietary management

and nutrient supplementation is presented from the standpoint of both prevention and therapeutics.

Traditional Asian Medicine

TAM provides a working knowledge of the philosophy, theories of diagnosis and therapeutic concepts and techniques of traditional Asian medicine. Students develop the skills: acupuncture, tongue and pulse diagnosis, and five-element theory. Graduates acquire the requisite number of hours to practice acupuncture under their licensure as an ND in BC with no further training.

Botanical Medicine

Botanical Medicine provides an in-depth study of the botanical materia medica and the clinical use of whole plants and extracts. There is substantial time devoted to formulating, compounding and pharmacognosy, as well as toxicology and safety issues. Practical application in the clinical context is emphasized.

Homeopathy

This is a four-part sequence that prepares the student to prescribe homeopathic remedies in an acute and classical manner. Earlier classes define and describe the rationale and use of homeopathics, its theories and definitions. Repertory, case-taking, posology, case analysis and case management are covered in detail. Individual remedies are subsequently studied. Students acquire a working knowledge of the homeopathic materia medica and repertory in the treatment of acute and chronic conditions.

CASE-BASED LEARNING

The goal of this series of courses is to bring the clinic to the classroom. They are largely delivered in a case-based collaborative learning environment addressing patient research, case analysis, therapeutic interventions, patient management, and other topics to help sew the educational experience together. It is designed to prepare future naturopathic physicians to apply the knowledge acquired in school to the problems and issues they will confront in clinical practice.



Clinical Sciences & Practice

Clinical training provides students with the opportunity to develop the skills, knowledge, and attitudes required to become proficient, effective, and caring naturopathic physicians. BINM students begin training in the various aspects of clinical education within their first year of study.

Application of the Clinical Sciences in Practice

BINM clinical education encompasses the entirety of naturopathic medicine. This is an interactive experience applying the knowledge of clinical sciences (anatomy, physiology, and pathophysiology) integrated with the art and science of naturopathic medicine to direct patient care. Interns experience and apply all of the core naturopathic treatment modalities on demographically diverse patients dealing with varying health concerns.

BNMC

Located on the BINM campus, the Boucher Naturopathic Medical Clinic (BNMC) provides exceptional, cost effective care to the public as the hub for student practical training. Student involvement at BNMC gradually increases throughout their naturopathic education: shadowing clinical supervisors in years 1 and 2, observational and co management of patients in year 3, and finally primary patient management in year 4.

Students, supervised by licensed naturopathic physicians, conduct appointments in person or virtually, via telemedicine participating in all aspects of the clinical experience: patient case taking, diagnosis, laboratory procedures and analysis, prescribing appropriate treatment options and managing the patient's care.

Satellite Clinics

BINM operates a number of complimentary, off-site, teaching clinics in partnership with community and cultural organizations. Satellite clinics present students with differing clinic structures and patient populations while maintaining consistent BINM standards of clinical education and participation. Every student intern takes part in a satellite clinic rotation.

Preceptor Program

Preceptoring provides students, at any stage of their education, an opportunity to observe health care practitioners in their private practices or clinical settings. In this capacity, students are exposed to varying treatments of diverse medical conditions and differing practice management styles.

Externships

In their final year at BINM students may complete a portion of their clinic internship under the supervision of a naturopathic doctor in their private practice, outside the school community. This affords the opportunity for the student to learn in an established clinic and improve specific areas of knowledge and clinical skill to which they may be drawn.



What I learned in four years is that you have to know the ins and outs of your business to be successful. Running a business is a complex process, with many intricacies, that takes skill and knowledge in many areas, and a determination to be successful.

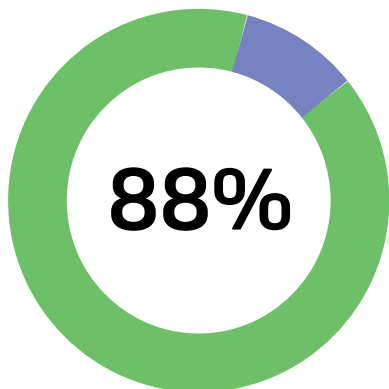
Dr. Tasneem Pirani-Sheriff, Boucher graduate

Education and Developing Practice Expertise

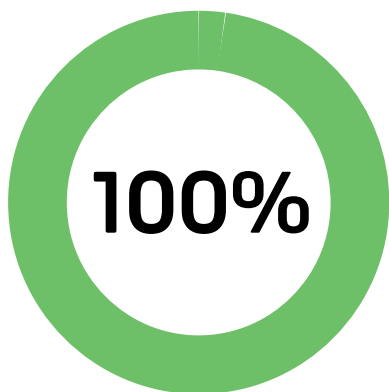
The Professional Development program helps to prepare students for the rigours of everyday practice as doctors and as business professionals. The course series focuses on branding, networking, marketing strategies and contract evaluation, as well as developing the skills and mindset necessary to be a successful entrepreneur. In addition, preceptorships with practicing NDs and professional development activities allow the student to experience the business and naturopathic medical side of practice first hand.



No Better Place



88%
of Boucher graduates are working in the field within one year



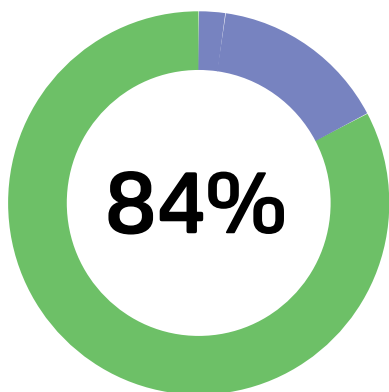
100%
pass rate on the NPLEX 1 this year (Feb 2020)

96% on the NPLEX 2



UP TO 50%
lower tuition than U.S. schools

Save money and study in Canada



84%
of naturopathic doctors are very satisfied with their decision to become an ND



\$76,006 to \$136,507

Average surveyed naturopathic doctor full-time salary in Canada



Discover Something Extraordinary, Become a Part of Something Revolutionary



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I am a Boucher graduate. I am a Naturopathic Doctor.

I loved the Boucher model. I loved creating relationships with my community—with my classmates and the faculty. It was important for me to feel like I was contributing to the community—and that was my experience. It teaches you interpersonal skills—so important as an ND. And it prepared me to connect with patients, to reach them in a way that I feel contributes to their healthcare goals.



Dr. Kira Cai, ND
Scimedia Health Group &
Performax, Vancouver, BC

For more information or to speak to
an admissions advisor:

604 777 9981 **binm.org**



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